

Polderputtenloop te Ter Apel 6 -11-2016

Hoofdsponsor

| | | | |
|--------------------|-------|------------------|-------------|
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| IJvereniging & schaatsgroep De | Barnflair/Ter Apel | www.polderputten.nl | 0599-583139 |
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| Jongman Tuinplant | Sappemeer | www.jongman.paperoutlet.nl | 0598-397080 |
| Drukkerij Janssen | Bellingwolde | www.drukkerij-janssen.nl | 0597-532674 |
| Huisman Warmte Techniek | Stadskanaal | www.huisman-warmtetechniek.nl | 0599-650123 |

| | |
|---------------------|---------------------|
| Wedstrijdatum: | 6-11-2016 |
| Naam: | Polderputtenloop |
| Plaats: | Ter Apel |
| Organisatie: | Runners Stadskanaal |
| Starttijd: | 14:15:00 |
| Contactpersoon: | |
| Jeugdloop Subsidie: | 100 |
| Weer: | Wisselend bewolkt |

Uitslag data version: 6-11-2016 17:17:51

| | |
|------------------|-----------------------------|
| Wedstrijdleider: | John Sikken |
| Scheidsrechter: | Johan Smit |
| Microfonist: | Egbert Heuving |
| Starter: | Johan Smit |
| Computer Beheer: | Frank Senay en Didier Senay |
| Temp: | 8 |
| Wind: | |

Wedstrijd Msen 10KM**Polderputtenloop te Ter Apel 6-11-2016**

| Nr | St.nr. | Naam | Atletiek vereniging | Woonplaats | Lft | Tijd | KM | Km/Uur | Tijd/1km |
|----|--------|-----------------|---------------------|---------------|-----|----------|------|--------|----------|
| 1 | 10 | Freek Hoolsema | | Assen | 30 | 00:35:25 | 10.0 | 16.94 | 00:03:32 |
| 2 | 8 | Roy Vervoort | | Groningen | 36 | 00:37:10 | 10.0 | 16.14 | 00:03:43 |
| 3 | 68 | Frank Smid | Runners Stadskan. | Groningen | 30 | 00:38:38 | 10.0 | 15.53 | 00:03:52 |
| 4 | 51 | Tim Grelling | Runners Stadskan. | Nieuw-buinen | 24 | 00:39:08 | 10.0 | 15.33 | 00:03:55 |
| 5 | 19 | René Wilkens | | Gieten | 39 | 00:40:02 | 10.0 | 14.99 | 00:04:00 |
| 6 | 11 | Peter Boltjes | AV Aquilo | Winschoten | 27 | 00:43:21 | 10.0 | 13.84 | 00:04:20 |
| 7 | 77 | Michel Verhagen | | Emmercompasc. | 34 | 00:45:55 | 10.0 | 13.07 | 00:04:35 |
| 8 | 2 | Mike Chten | AV Aquilo | Oude Pekela | 24 | 00:48:02 | 10.0 | 12.49 | 00:04:48 |
| 9 | 21 | Jeroen Geerst | | Oude Pekela | 36 | 00:54:05 | 10.0 | 11.09 | 00:05:24 |

Wedstrijd M40 10KM**Polderputtenloop te Ter Apel 6-11-2016**

| Nr | St.nr. | Naam | Atletiek vereniging | Woonplaats | Lft | Tijd | KM | Km/Uur | Tijd/1km |
|----|--------|---------------------|---------------------|-------------|-----|----------|------|--------|----------|
| 1 | 212 | Barry Bronsema | Groningen Atletiek | Groningen | 41 | 00:36:17 | 10.0 | 16.54 | 00:03:38 |
| 2 | 214 | René Becker | Runners Stadskan. | Stadskanaal | 43 | 00:38:53 | 10.0 | 15.43 | 00:03:53 |
| 3 | 208 | Tonnie Knigge | Runners Stadskan. | Onstwedde | 41 | 00:39:00 | 10.0 | 15.38 | 00:03:54 |
| 4 | 239 | Thomas Putters | | Stadskanaal | 40 | 00:39:22 | 10.0 | 15.24 | 00:03:56 |
| 5 | 205 | Gert Jan Stroetinga | ATC 75 | Norg | 41 | 00:43:42 | 10.0 | 13.73 | 00:04:22 |
| 6 | 217 | Erik Luten | Runners Stadskan. | Stadskanaal | 43 | 00:43:51 | 10.0 | 13.68 | 00:04:23 |
| 7 | 215 | Wim van Klinken | Runners Stadskan. | Ter Apel | 43 | 00:44:22 | 10.0 | 13.52 | 00:04:26 |

Wedstrijd M45 10KM**Polderputtenloop te Ter Apel 6-11-2016**

| Nr | St.nr. | Naam | Atletiek vereniging | Woonplaats | Lft | Tijd | KM | Km/Uur | Tijd/1km |
|----|--------|-----------------------|---------------------|-----------------|-----|----------|------|--------|----------|
| 1 | 425 | Marcel Stoffers | LG PK | Appingedam | 45 | 00:37:33 | 10.0 | 15.97 | 00:03:45 |
| 2 | 446 | Jannes Dolfing | | Westerbork | 48 | 00:37:53 | 10.0 | 15.83 | 00:03:47 |
| 3 | 413 | Pieter Jan Kooi | | Loppersum | 49 | 00:38:43 | 10.0 | 15.50 | 00:03:52 |
| 4 | 457 | Richard Aalders | | Nietap | 47 | 00:39:06 | 10.0 | 15.34 | 00:03:55 |
| 5 | 418 | Fjodor van der Sluijs | SV Veendam | Gieterveen | 45 | 00:39:44 | 10.0 | 15.10 | 00:03:58 |
| 6 | 407 | Harry Faber | SV Veendam | Wildervank | 46 | 00:40:18 | 10.0 | 14.89 | 00:04:02 |
| 7 | 416 | Gert Kleinjan | | Aduard | 46 | 00:41:01 | 10.0 | 14.62 | 00:04:06 |
| 8 | 410 | Hans Schipper | Runners Stadskan. | Musselkanaal | 47 | 00:41:55 | 10.0 | 14.31 | 00:04:11 |
| 9 | 421 | Frits Heukers | | Odoorn | 48 | 00:42:55 | 10.0 | 13.98 | 00:04:17 |
| 10 | 449 | Wubbo Gremmer | AV Aquilo | Winschoten | 45 | 00:44:00 | 10.0 | 13.63 | 00:04:24 |
| 11 | 470 | Martin Houkes | De Sperwers | Emmercompasc. | 49 | 00:44:05 | 10.0 | 13.61 | 00:04:24 |
| 12 | 402 | Jacob Bruining | SOS Muntendam | Zuidbroek | 47 | 00:44:45 | 10.0 | 13.40 | 00:04:28 |
| 13 | 401 | Lucas Houwen | | Badnieuweschans | 47 | 00:45:26 | 10.0 | 13.21 | 00:04:33 |
| 14 | 471 | Rene Meijer | Marathon Plus | Emmencompasc. | 48 | 00:47:16 | 10.0 | 12.69 | 00:04:44 |
| 15 | 403 | Jan Speelman | Runners Stadskan. | Stadskanaal | 49 | 00:47:48 | 10.0 | 12.55 | 00:04:47 |
| 16 | 404 | Raymond Timmermans | Runners Stadskan. | Stadskanaal | 46 | 00:48:56 | 10.0 | 12.26 | 00:04:54 |
| 17 | 469 | Henk Tiben | | Haren Duitsland | 49 | 00:53:39 | 10.0 | 11.18 | 00:05:22 |
| 18 | 411 | Theo Schomaker | Runners Stadskan. | Musselkanaal | 46 | 00:54:13 | 10.0 | 11.07 | 00:05:25 |

Wedstrijd M50 10KM**Polderputtenloop te Ter Apel 6-11-2016**

| Nr | St.nr. | Naam | Atletiek vereniging | Woonplaats | Lft | Tijd | KM | Km/Uur | Tijd/1km |
|----|--------|-----------------|---------------------|-------------|-----|----------|------|--------|----------|
| 1 | 619 | Naanko Drent | AV Aquilo | Heiligerlee | 52 | 00:39:59 | 10.0 | 15.00 | 00:04:00 |
| 2 | 629 | Rudie Jullens | Pallas '67 | Bennekom | 54 | 00:40:46 | 10.0 | 14.71 | 00:04:05 |
| 3 | 624 | Klaas Brouwer | SV Veendam | Zuidbroek | 51 | 00:40:59 | 10.0 | 14.64 | 00:04:06 |
| 4 | 616 | Henk Helmantel | Runners Stadskan. | Sellingen | 51 | 00:41:09 | 10.0 | 14.58 | 00:04:07 |
| 5 | 628 | Robert Jullens | | Hoogezand | 50 | 00:42:14 | 10.0 | 14.21 | 00:04:13 |
| 6 | 618 | Pieter Stegeman | LG Beilen | Elp | 53 | 00:42:33 | 10.0 | 14.10 | 00:04:15 |
| 7 | 631 | Arjan Griffioen | Hoogezand Lopers | Hoogezand | 50 | 00:42:41 | 10.0 | 14.05 | 00:04:16 |
| 8 | 630 | Jaap Begeman | SOS Muntendam | Noordbroek | | 00:42:46 | 10.0 | 14.03 | 00:04:17 |
| 9 | 665 | Andre Smit | Hoogezand Lopers | Hoogezand | 52 | 00:44:49 | 10.0 | 13.39 | 00:04:29 |
| 10 | 621 | Maarten Glas | Runners | Ter Apel | 51 | 00:45:43 | 10.0 | 13.12 | 00:04:34 |
| 11 | 663 | Laszlo Borocz | | Wedderveer | 55 | 00:46:49 | 10.0 | 12.81 | 00:04:41 |
| 12 | 634 | Jos Rijblijwijs | Sperwers | Emmen | 54 | 00:46:54 | 10.0 | 12.79 | 00:04:41 |
| 13 | 613 | Peter Bos | Runners Stadskan. | Stadskanaal | 51 | 00:48:31 | 10.0 | 12.36 | 00:04:51 |
| 14 | 664 | Leo Klein | | Aduard | 54 | 00:52:21 | 10.0 | 11.46 | 00:05:14 |
| 15 | 633 | Rick Bosma | | Klijndijk | 53 | 00:53:09 | 10.0 | 11.29 | 00:05:19 |
| 16 | 659 | Henk Wind | Runners Stadskan. | Alteveer | 53 | 00:58:00 | 10.0 | 10.34 | 00:05:48 |

Wedstrijd M55 10KM**Polderputtenloop te Ter Apel 6-11-2016**

| Nr | St.nr. | Naam | Atletiek vereniging | Woonplaats | Lft | Tijd | KM | Km/Uur | Tijd/1km |
|----|--------|------------------|---------------------|-------------|-----|----------|------|--------|----------|
| 1 | 807 | Reinder de Jonge | AAC 61 | Assen | 55 | 00:38:11 | 10.0 | 15.71 | 00:03:49 |
| 2 | 812 | Maarten Hoeksema | | Groningen | 56 | 00:43:07 | 10.0 | 13.91 | 00:04:19 |
| 3 | 805 | Jos Arends | Runners Stadskan. | Borger | 57 | 00:43:10 | 10.0 | 13.89 | 00:04:19 |
| 4 | 817 | Jan Dilling | | Stadskanaal | 57 | 00:50:16 | 10.0 | 11.94 | 00:05:02 |
| 5 | 810 | Peter Boltjes | AV Aquilo | Winschoten | 56 | 00:53:06 | 10.0 | 11.30 | 00:05:19 |

Wedstrijd M60+ 10KM**Polderputtenloop te Ter Apel 6-11-2016**

| Nr | St.nr. | Naam | Atletiek vereniging | Woonplaats | Lft | Tijd | KM | Km/Uur | Tijd/1km |
|----|--------|---------------------|---------------------|------------------|-----|----------|------|--------|----------|
| 1 | 903 | Herman Morrien | AV Aquilo | Bellingwolde | 60 | 00:44:29 | 10.0 | 13.48 | 00:04:27 |
| 2 | 919 | Bert van der Winden | Runners Stadskan. | Musselkanaal | 63 | 00:45:40 | 10.0 | 13.14 | 00:04:34 |
| 3 | 906 | Wubbe Rendering | AV Aquilo | Bourtange | 63 | 00:45:47 | 10.0 | 13.10 | 00:04:35 |
| 4 | 944 | Anno Brandsema | Loopgroep Beilen | Beilen | 61 | 00:46:03 | 10.0 | 13.03 | 00:04:36 |
| 5 | 930 | Herman Heijes | Runners Stadskan. | Nieuw Buinen | 68 | 00:47:37 | 10.0 | 12.60 | 00:04:46 |
| 6 | 905 | Hiddo Boomsema | SV Veendam | Wildervank | 61 | 00:48:41 | 10.0 | 12.32 | 00:04:52 |
| 7 | 924 | Jannes Bouwmeester | LG Beilen | Beilen | 62 | 00:49:49 | 10.0 | 12.04 | 00:04:59 |
| 8 | 961 | Bert Knol | | Gasselternijveen | 61 | 00:49:57 | 10.0 | 12.01 | 00:05:00 |
| 9 | 945 | Harm Kruit | Runners Stadskan. | Stadskanaal | 66 | 00:52:15 | 10.0 | 11.48 | 00:05:13 |
| 10 | 942 | Jan Rijnberg | SGO | Gasselte | 63 | 00:54:18 | 10.0 | 11.05 | 00:05:26 |
| 11 | 916 | Willem Meffert | AV Aquilo | Oude Pekela | 62 | 00:54:38 | 10.0 | 10.98 | 00:05:28 |
| 12 | 922 | Geert Knigge | | Onstwedde | 70 | 00:56:02 | 10.0 | 10.71 | 00:05:36 |
| 13 | 910 | Sieko Freuling | Runners Stadskan. | Stadskanaal | 76 | 01:00:54 | 10.0 | 9.85 | 00:06:05 |
| 14 | 911 | Bé Sebens | AV Aquilo | Beerta | 68 | 01:00:54 | 10.0 | 9.85 | 00:06:05 |
| 15 | 914 | Jacob Schoonhoven | Runners Stadskan. | Stadskanaal | 69 | 01:01:51 | 10.0 | 9.70 | 00:06:11 |

Wedstrijd Vsen 10KM**Polderputtenloop te Ter Apel 6-11-2016**

| Nr | St.nr. | Naam | Atletiek vereniging | Woonplaats | Lft | Tijd | KM | Km/Uur | Tijd/1km |
|----|--------|-------------------|---------------------|-------------|-----|----------|------|--------|----------|
| 1 | 1024 | Carin Heutinck | Runners Stadskan. | Stadskanaal | 35 | 00:44:31 | 10.0 | 13.47 | 00:04:27 |
| 2 | 1004 | Lydia Doornbos | Marathon Plus | Appingedam | 38 | 00:46:56 | 10.0 | 12.78 | 00:04:42 |
| 3 | 1000 | Richelle Wijsbeek | | Oostwold | 26 | 00:50:05 | 10.0 | 11.98 | 00:05:00 |
| 4 | 1015 | Betty Rijnberg | SGO | Gieten | 33 | 00:50:41 | 10.0 | 11.84 | 00:05:04 |
| 5 | 1014 | Dorien Smith | Runners Stadskan. | Onstwedde | 32 | 00:54:13 | 10.0 | 11.07 | 00:05:25 |

Wedstrijd V40 10KM**Polderputtenloop te Ter Apel 6-11-2016**

| Nr | St.nr. | Naam | Atletiek vereniging | Woonplaats | Lft | Tijd | KM | Km/Uur | Tijd/1km |
|----|--------|--------------------------|---------------------|--------------|-----|----------|------|--------|----------|
| 1 | 1115 | Petra Faber | SV Veendam | Wildervank | 46 | 00:42:42 | 10.0 | 14.05 | 00:04:16 |
| 2 | 1105 | Theresia Bijl | Runners Stadskan. | Stadskanaal | 48 | 00:44:31 | 10.0 | 13.48 | 00:04:27 |
| 3 | 1135 | Esther van Vroonhoven | Groningen Atletiek | Noordwijk Gn | 40 | 00:45:11 | 10.0 | 13.28 | 00:04:31 |
| 4 | 1113 | Grietje Hoogerkamp- Heeg | | Odoorn | 46 | 00:49:20 | 10.0 | 12.16 | 00:04:56 |
| 5 | 1103 | Janke van der Laan | AV Aquilo | Winschoten | 40 | 00:50:40 | 10.0 | 11.84 | 00:05:04 |
| 6 | 1108 | Trijnje Stenekes | HLC Onstwedde | Bourtange | 45 | 00:53:19 | 10.0 | 11.25 | 00:05:20 |
| 7 | 1102 | Fenneke Mensinga | Runners Stadskan. | Stadskanaal | 50 | 00:58:42 | 10.0 | 10.22 | 00:05:52 |

Wedstrijd V50+ 10KM**Polderputtenloop te Ter Apel 6-11-2016**

| Nr | St.nr. | Naam | Atletiek vereniging | Woonplaats | Lft | Tijd | KM | Km/Uur | Tijd/1km |
|----|--------|-------------------|---------------------|---------------|-----|----------|------|--------|----------|
| 1 | 1212 | Diana ten Cate | Runners Stadskan. | Stadskanaal | 52 | 00:47:04 | 10.0 | 12.75 | 00:04:42 |
| 2 | 1211 | Liesbeth ten Hoff | Runners Stadskan. | Nieuwe Pekela | 53 | 00:57:01 | 10.0 | 10.52 | 00:05:42 |

Recreatie**Jeugd 5KM****Polderputtenloop te Ter Apel 6-11-2016**

| Nr | St.nr. | Naam | Atletiek vereniging | Woonplaats | Lft | Tijd | KM | Km/Uur | Tijd/1km |
|----|--------|----------------|---------------------|------------|-----|----------|-----|--------|----------|
| | 1372 | Dennis Poelman | | Emmen | 13 | 00:24:40 | 5.0 | 12.16 | 00:04:56 |

Recreatie**18+ 10KM****Polderputtenloop te Ter Apel 6-11-2016**

| Nr | St.nr. | Naam | Atletiek vereniging | Woonplaats | Lft | Tijd | KM | Km/Uur | Tijd/1km |
|------|--------|------------------|---------------------|--------------|-----|----------|------|--------|----------|
| 1882 | | Marcus Vording | | Veendam | 32 | 00:41:28 | 10.0 | 14.47 | 00:04:09 |
| 1938 | | Bert Schipper | MenterA Runners | Muntendam | 50 | 00:44:15 | 10.0 | 13.56 | 00:04:25 |
| 2303 | | Bert Vos | | Ter Apel | 52 | 00:44:28 | 10.0 | 13.49 | 00:04:27 |
| 2428 | | Klaus Jansen | | Meppen | 51 | 00:45:28 | 10.0 | 13.19 | 00:04:33 |
| 2431 | | Arnold Tolk | | Midwolda | 37 | 00:47:26 | 10.0 | 12.65 | 00:04:45 |
| 1868 | | Marcel Grofsmid | | Sappemeer | 22 | 00:47:35 | 10.0 | 12.61 | 00:04:45 |
| 2415 | | Erik Tieben | | Musselkanaal | 39 | 00:48:17 | 10.0 | 12.42 | 00:04:50 |
| 2457 | | Anton Griep | | Haren | 30 | 00:48:43 | 10.0 | 12.32 | 00:04:52 |
| 2406 | | Willem Schuiling | | Sappemeer | 46 | 00:50:02 | 10.0 | 11.99 | 00:05:00 |
| 2424 | | Jens Oolders | | Ter Apel | 38 | 00:51:06 | 10.0 | 11.74 | 00:05:07 |
| 2451 | | Hans Tieks | | Ter Apel | 51 | 00:53:27 | 10.0 | 11.22 | 00:05:21 |
| 2091 | | Jacob Kaap | | Ter Apel | 56 | 00:53:44 | 10.0 | 11.16 | 00:05:22 |
| 2454 | | Tekke Withaar | | Musselkanaal | 28 | 00:54:44 | 10.0 | 10.96 | 00:05:28 |
| 2228 | | Ina Kunst | Runners Stadskan. | Nieuw Buinen | 47 | 00:55:47 | 10.0 | 10.76 | 00:05:35 |
| 2079 | | Andre Rosevink | | Vlagtwedde | 46 | 01:01:37 | 10.0 | 9.74 | 00:06:10 |
| 2412 | | Karin Stokvis | | Ter Apel | 45 | 01:02:17 | 10.0 | 9.63 | 00:06:14 |

Recreatie**18+ 5KM****Polderputtenloop te Ter Apel 6-11-2016**

| Nr | St.nr. | Naam | Atletiek vereniging | Woonplaats | Lft | Tijd | KM | Km/Uur | Tijd/1km |
|------|--------|-------------------------|---------------------|--------------|-----|----------|-----|--------|----------|
| 2409 | | Meint Ottens | | Ter Apel | 40 | 00:22:10 | 5.0 | 13.53 | 00:04:26 |
| 2447 | | Jan Kuper | | Ter Apel | 46 | 00:23:16 | 5.0 | 12.89 | 00:04:39 |
| 1784 | | Ferry Goike | | Winschoten | 45 | 00:23:21 | 5.0 | 12.85 | 00:04:40 |
| 2416 | | Bertram Brakels | | Ter Apel | 40 | 00:25:08 | 5.0 | 11.93 | 00:05:02 |
| 1710 | | Andries Schoo | | Musselkanaal | 45 | 00:25:30 | 5.0 | 11.76 | 00:05:06 |
| 2458 | | Lianne Schuitema | | Groningen | 30 | 00:26:19 | 5.0 | 11.39 | 00:05:16 |
| 1706 | | Marloes Kemkers | | Stadskanaal | 41 | 00:27:23 | 5.0 | 10.95 | 00:05:29 |
| 2408 | | Angelika van Slochteren | Hoogezand Lopers | Hoogezand | 42 | 00:27:24 | 5.0 | 10.95 | 00:05:29 |
| 2414 | | Meint Terpstra | | Lindloh | 62 | 00:27:36 | 5.0 | 10.87 | 00:05:31 |
| 2452 | | Ellen Klompmakers | | Ter Apel | 30 | 00:28:01 | 5.0 | 10.70 | 00:05:36 |
| 1101 | | Jantje Korthuis | SV Veendam | Wildervank | 49 | 00:28:07 | 5.0 | 10.67 | 00:05:37 |
| 2227 | | Rene Kramer | Runners Stadskan. | Nieuw Buinen | 50 | 00:28:39 | 5.0 | 10.47 | 00:05:44 |
| 2360 | | Jolien Tubben | | Coevorden | 22 | 00:29:38 | 5.0 | 10.12 | 00:05:56 |
| 2429 | | Evelijn Wolthuis | | Meedhuizen | 35 | 00:29:52 | 5.0 | 10.04 | 00:05:58 |
| 2124 | | Ad Bastiaanse | Runners Stadskan. | Stadskanaal | 58 | 00:29:57 | 5.0 | 10.01 | 00:05:59 |
| 2425 | | Marianne Ootjers | | Groningen | 24 | 00:30:23 | 5.0 | 9.87 | 00:06:05 |
| 2407 | | Trea Schuiling | | Sappemeer | 49 | 00:30:27 | 5.0 | 9.85 | 00:06:05 |
| 907 | | Gerrit Jan Warmink | | Eexterveen | 71 | 00:31:01 | 5.0 | 9.67 | 00:06:12 |
| 1793 | | Jolanda Freitag | HLC Onstwedde | Onstwedde | 42 | 00:32:03 | 5.0 | 9.36 | 00:06:25 |
| 2419 | | Marga de Vries | loopgroep niendoord | Tolbert | 43 | 00:32:59 | 5.0 | 9.09 | 00:06:36 |
| 2413 | | Reina Terpstra | De Sperwers | Lindloh | 58 | 00:33:01 | 5.0 | 9.09 | 00:06:36 |
| 2420 | | Lies van der Wal | loopgroep zuidhorn | Aduard | 48 | 00:33:01 | 5.0 | 9.08 | 00:06:36 |
| 2405 | | Adriënne Moret | | Drieborg | 27 | 00:38:55 | 5.0 | 7.71 | 00:07:47 |